

Sportsmanship: What is it?



Audience:

All ages

Topic:

Defining sportsmanship

Objectives:

- ▶ Define good sportsmanship.
- ▶ Explore characteristics of a good sport.
- ▶ Identify ways in which you can demonstrate good sportsmanship.

Time required:

5-15 minutes

Materials Required:

- Paper
- Writing utensils

Activity:

Choose one or more qualities from the list below and discuss how they relate to sportsmanship. Be sure to give examples of ways to demonstrate these qualities while in competition, practices, or meetings.

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|--|--|
| <input type="checkbox"/> Respect | <input type="checkbox"/> Compromise |
| <input type="checkbox"/> Perseverance | <input type="checkbox"/> Ethics |
| <input type="checkbox"/> Pride | <input type="checkbox"/> Trustworthiness |
| <input type="checkbox"/> Honesty | <input type="checkbox"/> Responsibility |
| <input type="checkbox"/> Teamwork | <input type="checkbox"/> Caring |
| <input type="checkbox"/> Patience | <input type="checkbox"/> Tolerance |
| <input type="checkbox"/> Spirit | <input type="checkbox"/> Humility |
| <input type="checkbox"/> Positive attitude | <input type="checkbox"/> Compassion |
| <input type="checkbox"/> Gratitude | <input type="checkbox"/> Other ideas? |

Variation:

Assign a specific sportsmanship quality to a youth member or a group of members and have them research and present on it at the next meeting.

Reflection Questions:

- ▶ *What did you learn about qualities of sportsmanship that you didn't know before?*
- ▶ *What quality do you feel you have the most room for improvement in?*
- ▶ *What quality would you like to learn more about?*
- ▶ *How would you go about teaching other kids the qualities of good sportsmanship?*