

Plug Spending Leaks Worksheet

Item (Examples)	Cost of Item(s)	Cost Per Month	Cost Per Year
Soft drinks (2 each work day for 20 days) from vending machine (<i>example</i>)	\$0.75	\$30.00	\$360.00
New clothes			
Long-distance phone calls			
Snacks/convenience store purchases			
Eating out			
Coffee with friends			
Magazines/books			
Movies			
Video/DVD rentals			
CDs/tapes			
Gifts			
Cable TV			
Cellphone			
Other			
Other			
Other			
Other			



NATIONAL ENDOWMENT FOR
FINANCIAL EDUCATION

smartaboutmoney.org

It's time to get smart about your money.