




***Give a man a tomato,
he'll eat until the grant runs out.***

***Teach a man to grow,
he'll eat forever.***



Presented By:
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Executive Director
Our Kitchen Table



**Getting to the Root of the Problem
Equity in the Food System: Facing Race and Poverty**



**OUR FOOD CHOICES CAN MAKE THE
DIFFERENCE BETWEEN
LIFE AND DEATH
FOR**

**CHILDREN
FAMILIES
COMMUNITIES**



OUR KITCHEN TABLE

**Recipient
Vs.
Empowerment**

Who really benefits from the
community's involvement
in these initiatives?

Greater Equity is Achieved When ...



Definition Exploration: What is . . .

- Food Justice?
- Food Security?
- Food Apartheid?
- Equity vs Equality?
- Neighborhood Profile?
- Self Discovery vs Power?
- Health Outcomes?



What does food access look like in this community?

FOOD ACCESS

DISTANCE FROM
FIELD TO FORK
+
DISTANCE FROM
POCKET TO PLATE

FROM POCKET TO PLATE

How much does it cost?
Can I afford it?
How can I pay for it?
How do I get to it?
Do I have to prepare it?
Do I know how it's prepared?
Is it culturally relevant?
What's in it? Is it nutritious?

FIELD TO FORK



Grow
my own
Grow
and share

Community Garden
CSA, (offline/online)
Cooperatives
Local Farm
Farmers Markets,
on sight or mobile


Food pantry,
client choice pantry,
mobile (food truck)
Other - Food Based
Programs in
Community


Grocery Store
Big Box Store
(Meijer, Walmart, etc.)
Buying Club - on line
Local convenience
(gas station, corner store,
bodega, drug store)

Soup Kitchen
Carry Out and/or
fast food or casual
dining (Coney Island)
Family style buffet's
Restaurants (other)




SUGAR FAT SALT SUGAR FAT SALT SUGAR






WHAT'S INSIDE???




SUGAR FAT SALT SUGAR FAT SALT SUGAR

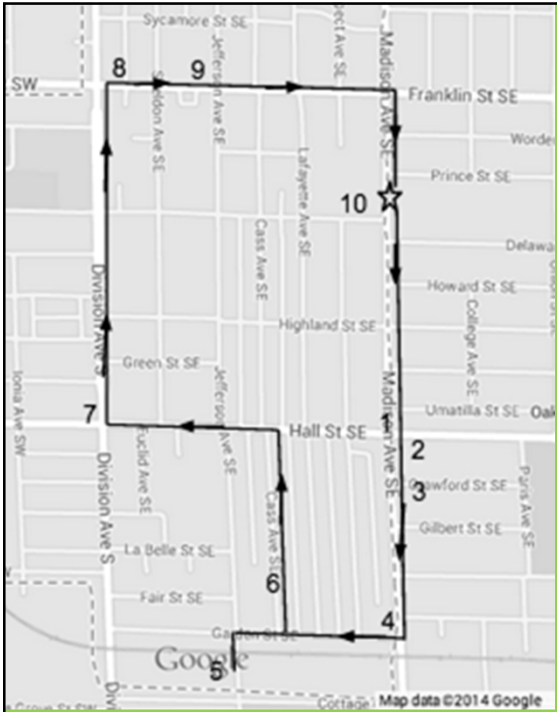


Popular Education is a form of adult education that encourages learners to examine their lives critically and take action to change social conditions. It is "popular" in the sense of being "of the people."

The goal of popular education is to develop people's capacity for social change through a collective problem-solving approach emphasizing participation, reflection, and critical analysis of social problems.


The popular education framework is based on the assumption that learning is most effective if participation is active, different learning styles are addressed, content is relevant to learners' lives, learners are treated as equals, and the learning process is enjoyable.





A map showing a route through a neighborhood in Southeast Atlanta, Georgia. The route is marked with numbers 1 through 10. The streets shown include Sycamore St SE, Jefferson Ave SE, Madison Ave SE, Franklin St SE, Prince St SE, Delaware St SE, Howard St SE, College Ave SE, Umatilla St SE, Hall St SE, Green St SE, Jefferson Ave SE, Cass Ave SE, Division Ave SE, La Belle St SE, Fair St SE, and Galloway St SE. A star icon is placed at the intersection of Madison Ave SE and Hall St SE, corresponding to stop 10.

1. LINC Soul Food Cafe
2. Duthler's grocery store
3. Browning Claytor health clinic
4. Madison Square CRC food pantry
5. Mr. Henry's garden
6. OKT grower's garden
7. BP Gas Station
8. Burger King
9. Kent County DHS
10. Southeast Area Farmers' Market



Browning Claytor Health Clinic

Top Diagnosis:

- Hypertension
- Diabetes
- Mental Health

- 10,500 Patients seen in 2013
- Insurance breakdown:
 - Medicaid – 45%
 - Uninsured – 15%
 - Private – 7%
- Spoken Languages
 - English – 80%
 - Spanish – 5%
 - Other Languages – 10%

Nutrition Education

- Eat Healthy Be Active
 - Chef visits Biweekly





What does food access look like in this community?

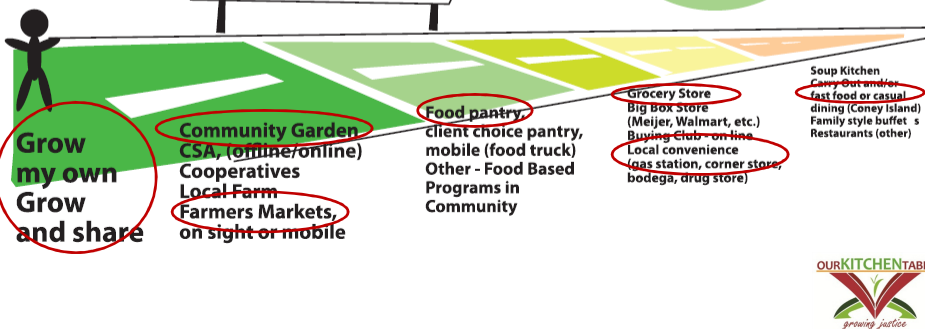
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