



## WHAT A DIME CAN DO: An Evaluation of the 10 Cents a Meal Pilot

**10 Cents a Meal** for School Kids & Farms (10 Cents), administered by the Michigan Department of Education, matches what participating schools spend on Michigan-grown fruits, vegetables, and legumes with grants of up to 10 cents per meal. This brief is part of What a Dime Can Do, an evaluation report on two years of the pilot program (2017-18 and 2018-19).

## 10 CENTS ON THE MENU: A Calendar Snapshot of Three 10 Cents School Districts

The chart below helps illustrate what students in participating 10 Cents districts may have seen on the school lunch menu throughout the year. Michigan-grown products served each month in 2018-19 from three districts are shown below in different colored text. Refer to *10 Cents on the Menu: Fruits, Vegetables, and Legumes Served throughout the Year* for a full summary on foods used by 10 Cents grantees.

September		October	
Apples	Cucumbers	Apples	Cucumber
Blueberries	Green beans	Blueberries	Green beans
Peaches	Kale	Cranberries	Lettuce
Pears	Lettuce	Grapes	Onions
Plums	Onions	Peaches	Peas
Strawberries	Peas	Pears	Peppers
Asparagus	Peppers	Strawberries	Potatoes
Broccoli	Potatoes	Asparagus	Tomatoes
Cabbage	Tomatoes	Broccoli	Winter squash
Carrots		Cabbage	
Cauliflower		Carrots	Apples
Corn		Corn	
November		December	
Apples	Apples	Apples	Potatoes
Blueberries	Cherries	Blueberries	Winter squash
Peaches	Peaches	Cranberries	
Strawberries	Asparagus	Peaches	Apples
Asparagus	Beets	Asparagus	
Broccoli	Radishes	Beets	Apples
Carrots	Winter squash	Broccoli	Asparagus
Corn		Cabbage	Carrots
Cucumbers		Carrots	Green beans
Green beans		Cauliflower	Greens (cooking)
Lettuce		Corn	Potatoes
Onions		Cucumbers	Radishes
Peas		Green beans	Shoots/sprouts/ microgreens
Peppers		Lettuce	Summer squash
Potatoes		Onions	Winter squash
		Peas	
		Peppers	

# 10 CENTS ON THE MENU: A Calendar Snapshot of Three 10 Cents School Districts (cont.)

January	February
<ul style="list-style-type: none"> <li>Apples</li> <li>Blueberries</li> <li>Cranberries</li> <li>Peaches</li> <li>Strawberries</li> <li>Asparagus</li> <li>Beets</li> <li>Carrots</li> <li>Corn</li> <li>Green beans</li> <li>Lettuce</li> </ul>	<ul style="list-style-type: none"> <li>Onions</li> <li>Parsnips</li> <li>Peas</li> <li>Summer squash</li> <li>Apples</li> <li>Saskatoon berries</li> <li>Beets</li> <li>Broccoli</li> <li>Carrots</li> </ul>
<ul style="list-style-type: none"> <li>Apples</li> <li>Blueberries</li> <li>Cranberries</li> <li>Strawberries</li> <li>Asparagus</li> <li>Carrots</li> <li>Corn</li> <li>Green beans</li> <li>Lettuce</li> </ul>	<ul style="list-style-type: none"> <li>Apples</li> <li>Blueberries</li> <li>Cherries</li> <li>Beets</li> <li>Cucumbers</li> <li>Peppers</li> <li>Radishes</li> <li>Summer squash</li> <li>Legumes</li> </ul>
March	April
<ul style="list-style-type: none"> <li>Apples</li> <li>Blueberries</li> <li>Cranberries</li> <li>Strawberries</li> <li>Asparagus</li> <li>Cauliflower</li> <li>Green beans</li> <li>Lettuce</li> </ul>	<ul style="list-style-type: none"> <li>Apples</li> <li>Peaches</li> <li>Carrots</li> <li>Green beans</li> <li>Lettuce</li> </ul>
<ul style="list-style-type: none"> <li>Blueberries</li> <li>Cranberries</li> <li>Asparagus</li> <li>Carrots</li> <li>Corn</li> <li>Green beans</li> <li>Kale</li> <li>Winter squash</li> </ul>	<ul style="list-style-type: none"> <li>Apples</li> </ul>
May	June
<ul style="list-style-type: none"> <li>Cucumber</li> <li>Peppers</li> </ul>	
July	August
	<ul style="list-style-type: none"> <li>Apples</li> <li>Blueberries</li> <li>Nectarine</li> <li>Peaches</li> <li>Carrot</li> </ul>
	<ul style="list-style-type: none"> <li>Corn</li> <li>Green beans</li> <li>Peas</li> <li>Winter squash</li> </ul>

**Note:** In the above chart, orange indicates a wide variety of produce, blue indicates a moderate variety of produce, green indicates a limited variety of produce in this district.

[foodsystems.msu.edu/what-a-dime-can-do](https://foodsystems.msu.edu/what-a-dime-can-do)

The Michigan State University Center for Regional Food Systems (CRFS) leads evaluation of 10 Cents. The work presented here is part of What a Dime Can Do: An Evaluation of the 10 Cents a Meal Pilot by Colleen Matts, CRFS; Kathryn Colasanti, School of Social Work, University of Michigan (formerly CRFS); and Elissa Trumbull, consultant, and was funded by the Michigan Health Endowment Fund. To learn more, visit [tencentsmichigan.org](https://tencentsmichigan.org) and [canr.msu.edu/10-cents-a-meal](https://canr.msu.edu/10-cents-a-meal).

