



What's on Your Plate? Making the Most of Michigan School Meals with 10 Cents a Meal for Michigan's Kids and Farms

This diagram compares lunch in schools that participate in the **Michigan School Meals** program, **10 Cents a Meal**, or both to demonstrate how the programs work together. The labels show where the produce on each plate was grown and how much money went back to a Michigan farmer to pay for the produce. The "Where's the Money?" box* shows how much a paid lunch would cost families in each school, and how much profit is made by Michigan farmers because of the produce the school bought.

Michigan School Meals Only

Three bean chili with beans grown in New Mexico
 Sugar snap peas grown in California



Banana grown in Costa Rica
 Spaghetti with tomatoes grown in Florida

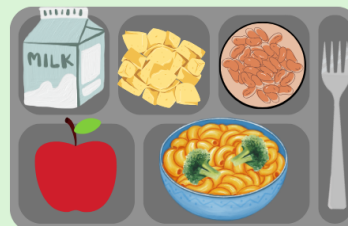
Where's the money?

Paid school lunch cost: \$0.00

Profit for Michigan farmers: \$0.00

10 Cents a Meal + NSLP Only

Roasted potatoes grown in Dickinson County, MI (\$0.25)
 Stewed pinto beans grown in Montcalm County, MI (\$0.25)



Apple grown in Kent County, MI (\$0.50)
 Broccoli grown in Macomb County, MI (\$0.50) with mac & cheese

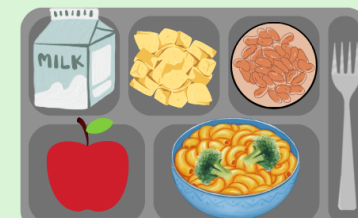
Where's the money?

Paid school lunch cost: \$3.50

Profit for Michigan farmers: \$1.50

Michigan School Meals + 10 Cents a Meal

Roasted potatoes grown in Dickinson County, MI (\$0.25)
 Stewed pinto beans grown in Montcalm County, MI (\$0.25)



Apple grown in Kent County, MI (\$0.50)
 Broccoli grown in Macomb County, MI (\$0.50) with mac & cheese

Where's the money?

Paid school lunch cost: \$0.00

Profit for Michigan farmers: \$1.50

Michigan School Meals provides better meal **access** by ensuring that all children in participating public schools can eat breakfast and lunch for free.

10 Cents a Meal provides better meal **quality** by ensuring that the most delicious, locally grown fruits, veggies, and beans are served to kids in schools.

Pairing the two programs together ensures that we use school food service dollars for the **greatest benefit** of Michigan's children and farmers.

Visit tencentsmichigan.org and <https://www.michigan.gov/mde/services/food/michigan-school-meals> to learn more!

*Prices included in the comparison chart are for demonstration only and are not based on actual sales data.